

## Contact Information

Name: Dmitry Vasilyev

E-mail: [canadimada@gmail.com](mailto:canadimada@gmail.com)

Professional credentials:

- Medical Doctor, MD (Russia)
- PhD (Russia)
- Doctor of Osteopathy, DO (Spain)
- Osteopathic Manual Practitioner, DOMP (Canada)
- Doctor of Naprapathy (USA)
- Psychotherapist (Russia)
- Psychosomatic Therapist (Russia, USA, Australia, Canada),
- Massage Therapist (Canada),
- Traditional body-mind techniques practitioner (yoga, meditation, taichi, qigong)



with the 25 years background of practice

<https://www.manual-osteopathy.com/>

<https://threebestrated.ca/osteopaths-in-winnipeg-mb>

## Education

2000 - 2004 - PhD (Cand.Med.) in Rehabilitation Science, Russian State Medical University, Moscow, Russia

Thesis: Morphological-functional components in determining the state of the organism.

- <https://patents.google.com/patent/RU2248184C1/en>

1997 - 1998 – Physician (Pediatric) Internship, Russian Children's Hospital, Moscow, Russia.

1991 - 1997 – Doctor of Medicine, Russian State Medical University, Moscow, Russia. Major: Pediatrics.

## Post Graduate Education and Training

2024 - pr.time: Dr. Basil training course for Medical Doctors

2022- 2024 - Certificate: Somatic Stress Release™ practitioner certification program. Embody Lab, USA

2023 - 2024 - Diploma: Counselling Psychology - Moscow Institute of Psychology, Moscow, Russia.

2021 - 2024 - Diploma: Counselling Psychology -Counselor with Major in Psychosomatic and Body Psychotherapy. National Academy of Continuing Professional Education, Moscow, Russia.

2021 - 2023 - Certificate: Psychosomatic Therapy Training. Psychosomatic Therapy College (International Association of Psychosomatic Therapy), Australia

2021 - 2023 - Certificate: Psychosomatic therapist. Wholistic Health Training & Research Centre. Edmonton, Canada

2021-2022 - Doctorate: Doctor of Naprapathy (bridge program), National University of Medical Sciences, USA

2020 - 2022 - Diploma: Remedial Massage Therapy, Wellington College of Remedial Massage Therapies. - Winnipeg, Canada

2019-2020 - Doctorate: Doctor of Osteopathy (bridge program), National University of Medical Sciences, Madrid, Spain.

2017 - 2018 - Diploma: Osteopathic Manual Practitioner, National Academy of Osteopathy, Toronto, Canada.

2017 - Diploma: General Practice and Family Medicine, Moscow Regional Research and Clinical Institute, Moscow, Russia.

2016 - 2017 – Certificate: Body Oriented (Somatic) Psychotherapy, Institute of Practical Psychology “Imaton”, Moscow Institute of Body Oriented Psychotherapy, Moscow, Russia.

2016 - 2017 - Diploma: Psychology, International Academy of Examination and Assessment, Moscow, Russia.

2012-2013 - Diploma: Doctor of Manual Therapy, Ivanovo State Medical Academy, Ivanovo, Russia.

2007 - Diploma: Doctor of Rehabilitation Medicine, Federal Medical-Biological Agency, National Public Health Institute of the Russian Federation

2000 - Diploma: Doctor of Physical Medicine and Sports Medicine - Russian State Medical University, Department of Sports and Rehabilitation Medicine, Moscow, Russia.

## **Work Experience**

2018 - present - Manual Osteopath, Founder and Proprietor, Manual Osteopathy Manitoba Rehabilitation Clinic, Winnipeg, Manitoba.

- <https://www.manual-osteopathy.com/>
- <https://threebestrated.ca/osteopaths-in-winnipeg-mb>

*Practical focus: Assessment and manual treatment of the musculoskeletal dysfunctions, Psychosomatic approach in Osteopathy, emotional release techniques in osteopathic treatment of stress-indicated conditions, biodynamic and bioenergetic mechanisms, psycho-intuitive approach.*

2015 - 2017 - General Practitioner, Hippocrates Diagnostic and Treatment Centre, Moscow, Russia.  
*Practical focus and scientific interests: Body-oriented (Somatic) psychotherapy aspects of Manual Therapy and Physical Rehabilitation*

2015 -2016 Lecturer and instructor for classic massage courses at the Medical Training Center at Yaroslavl State Medical University, Moscow, Russia

2013 - 2016 - Physiotherapist and chiropractor, “Kinesis” Centre for Therapeutic Movement and Rehabilitation, Russia.

*Practical focus and scientific interests: Clinical work and scientific research for scoliosis correction, using non-invasive modalities of neuro-activation, mechanotherapy, manual therapy, psychosomatic and body-oriented therapy.*

2012 - 2013 – Physiotherapist of Ivanovo Regional Clinical Center of Medical Rehabilitation.

*Practical focus and scientific interests: diagnostic criteria for monitoring the health status and effectiveness of rehabilitation of patients involved in physiotherapy and physical culture.*

2010 - 2011- First Deputy Chief Physician of the Central District Hospital in Luh (Ivanovo region), Russia.

2010-2011 Natural Medicine and Psychosomatic Rehabilitation Country Centre - Founder and Proprietor

*Practical focus and scientific interests: study of rehabilitation possibilities through natural environmental means to counteract chronic social stress.*

2008 - 2010 – Senior Researcher, MD and Physiotherapist, Department of Physiotherapy and Sports Medicine. Russian Academy of Medical Sciences, Scientific Centre for Children’s Health, Research Institute for Preventative Pediatrics and Rehabilitation Medicine, Moscow, Russia.

<https://www.youtube.com/watch?v=whduuY3slyU&t=2s>  
<https://www.youtube.com/watch?v=lfyLUgDAQK8&t=62s>  
<https://www.youtube.com/watch?v=opEUyWf1wcl&t=2s>  
<https://www.youtube.com/watch?v=sjO9q2LTNA0&t=136s>  
<https://www.youtube.com/watch?v=xnv00UkuJhw&t=241s>  
<https://www.youtube.com/watch?v=gDfVBizvH0I&t=296s>  
<https://www.youtube.com/watch?v=108E1RiGDik&t=135s>  
[https://www.youtube.com/watch?v=VGd7W\\_x5SbQ&t=54s](https://www.youtube.com/watch?v=VGd7W_x5SbQ&t=54s)  
<https://www.youtube.com/watch?v=oM76AOG-bys&t=3s>

*Practical focus and scientific interests:*

*Pathogenetic bases of physical rehabilitation of psychophysical abnormalities (overloads) in the training process of young athletes.*

*Pathogenetic basis of physical rehabilitation of adaptation disorders caused by stress (F43-Reaction to severe stress and adaptation disorders) in patients with various pathologies.*

*The impact of chronic stress on the biological age of patients*

*Stress rehabilitation through biofeedback techniques*

2005 - 2008 – MD, Medical Head of Physiotherapy Department, City Hospital of Moscow. Responsibilities: Administration and guidance of the hospital Physiotherapy Department.

*Practical focus and scientific interests: diagnostic and clinical significance of super-weak electromagnetic radiation and self-fields of biological objects*

1998 - 2005 – Rehabilitation and Research Associate. Russian State Medical University, Rehabilitation Department.

Responsibilities: Coordinator of scientific research and projects, practicing doctor, medical consultant, physiotherapist, mind- body therapist, instructor and practitioner in medical rehabilitation programs.

- <https://sportmed.ru/images/biblioteka/literatura/zhurnal-rasmirbi/2004/zhurnal-rasmirbi--2004-n11.pdf>
- [https://www.sportmed.ru/component/bdthemes\\_shortcode/?view=download&id=ae708f1146441691ffc9332105cc3f](https://www.sportmed.ru/component/bdthemes_shortcode/?view=download&id=ae708f1146441691ffc9332105cc3f)

*Practical focus and scientific interests: evidence-based determinants in the definition of the morpho-psycho-physical state of health of individual subjects.*

1998-1999 - Research Associate - All-Russian Center for Cystic Fibrosis of the Russian Academy of Sciences, Russia.

*Scientific interests: studying the effects of physical rehabilitation in children with cystic fibrosis.*

#### Other Related Experience:

1998- 2005 - Wellness Doctor of Preventive Medicine, Counsellor and Practitioner role in different Wellness Projects and facilities (Rara Avis, Rivyera, Sheremetev Hotel, etc):

2002-2003 -Wellness instructor, Medicine consultant, Masseur, Moscow, Spa-club, Rara Avis

2002-2003 -Instructor of discipline " medical massage "; Institute of Medical – Social Rehabilitation of Russian State Medical University, Moscow

1998-2004 -Instructor of body-and- mind gymnastics, private school "Nika", Moscow

2001 - Physiotherapist, Center of cosmetic and aesthetic medicine "NikeMed"

2000 -Sports medicine doctor of Parolympic mountain-skiing team, Russia

2004 -Sport Medicine Course under the auspices of the International Olympic Committee Medical Commission, Moscow, Russia

1998 – 2001 -Instructor - trainer of wushu, Educational Center "Municipal experimental school" at the Government of Moscow, Russia

1999 – 2002 -Internet medicine - consultant, the Internet project ( [www.03.ru](http://www.03.ru) )

1996-2003 -Sports doctor of competitions (category A, super A) Wushu, Judo, Sumo.

2003 – 2004 - Coordinator of the medical control, fitness-instructor, Fitness - club «World Gym», Moscow, Russia

2003- 2005 - Medical consultant, Wellness instructor, Wellness Club “Olympic Star”, Moscow, Russia

2010- 2012 -Freelancer, telecommuting, the author of scientific and medical articles for the journals "Questions of medical practice," "Pharmacy," "Lady Vita"

## Publications

- Vasilyev D.A., Vykhodets I.T. *Differentiation of the medical group on the basis of an integral assessment of the morpho-functional and psychological characteristics of students in the initial courses of the university in Moscow // Journal of the Association - for Sports Medicine and Rehabilitation of the Sick and Disabled.* - 2004. - №2. - with. 30-38.
- Vasilyev D.A. *The dependence of the indicator of the activity of regulatory systems among students of various medical groups involved in physical culture at the university // Bulletin of Russian State Medical University.* - 2004. - №3. -p.8
- Vasilyev D.A., Tarabykin A.V. *Features of tolerance to physical activity in athletes - Paralympics // Bulletin of Russian State Medical University.* - 2002. - №1. - p.8
- Vasilyev D.A., Gorbunov A.V. *Distribution of young athletes by medical groups in the junior sports school for sports wushu // Materials of the scientific-practical conference: "Medicine, physical culture and sport. Results and development prospects."* - Izhevsk, 2000.
- Vasilyev D.A. *Distribution of young athletes by medical groups // Medicine and physical culture at the turn of the millennia: Materials of the International Scientific and Practical Conference.* - M., 2000, Volume 2, p.37
- Zheleznov M.Yu., Vasilyev D.A., Vykhodets I.T., A.S. Sandomirskaya *Comparative anthropometry and assessment of the functional state of students of various groups of physical efficiency. Vestnik RSMU.* - 2003. - №2. - p. 240
- Vasilyev D.A., Simonova O.I., Gasparyan I.N. and others. *Testing physical performance in children with cystic fibrosis // In the book. 1st All-Russian scientific-practical conference "Rehabilitation in medicine and sports", M., 1998, p. 122-123;*
- Simonova O., Kapranov N. Vasilyev D. *Testing the Capacity of Physical Work of Russian CF Children Using PWC-170 Test // The 12th Annual North American CF Conference, Montreal, 1998, P. 484 ;*
- Simonova O., Kapranov N. Vasiliev D. *The level of PWC-170 in patients CF in Russia // 22. Eur. CF Conf, Germany, Berlin, June, 13-19, 1998, 166;*
- Simonova O., Kapranov N., Vasiliev D. *PWC-170 test from Russian CF children // European Respiratory Journal, V. 16, Supp. 31, August 2000, 122s, P910*
- Simonova O.I., Kapranov N.I., Vasilyev D.A. *Determination of physical performance in children with cystic fibrosis by the PWC-170 test // 8 National Congress on Respiratory Diseases, M., 1998, P. 493;*

- Simonova O.I., Vasilyev D.A., Kapranov N.I., Lukina O.F, Markov B.A. General physical performance according to the pwc-170 test in children with cystic fibrosis // Medical scientific and educational-methodical journal. - 2001. - N 1. S. 143 - 161;

### **Skills**

- More than 20 years of experience in General Medicine, Physical Medicine and Rehabilitation, Osteopathy, Manual therapy, Psychosomatic and Body Psychotherapy.
- Wellness industry practice: Wellness Medicine, Wellness nutrition, Wellness body-mind techniques
- Fitness Doctor: Sports Medicine Doctor practice in fitness and sports teams facilities
- Competence in conducting clinical research on large databases, synthesizing reviews, statistical analysis, planning, designing, implementing and evaluating research, and assisting with manuscript and grant request preparation
- Proponent of eclectic scientific approach on the verge of synthesis of science, business, economics, philosophy, psychology, global trends, and electromagnetic fields
- Skilled in recruiting research subjects, patient engagement, population screening examinations, electro-physiology testing, computer diagnostic programs, psychological tests, statistical programs, polygraphic programs etc.
- Hands-on body work experience in treatment, rehabilitation and wellness patients with various of different physical therapy, psychotherapy and psychosomatic therapy approaches and techniques
- Thorough knowledge of laboratory techniques, analysis and interpretation of data and comfortable with presenting research results during lab meetings and at conferences
- Dynamic and flexible management of research activities, within the designated research parameters, based on the ongoing evaluation of collected data
- Proficient at incorporating new scientific knowledge and innovative improvements into ongoing and future research.
- Experience in a wide variety of physiotherapy modalities, magnetotherapy, electrotherapy, ultrasound therapy, laser therapy, shockwave therapy, thermo-cryo-therapy, ultra-violet and infrared therapy, biofeedback therapy and natural therapies such as sun deck, water procedures and balneology, etc
- Schroth therapy- method of non-surgical three dimensional physical therapy for scoliosis at Asklepios Katharina-Schroth-Klinik (Germany, Bad Sobernheim)
- Experience in market research and making purchasing recommendations for most suitable research equipment for specific research
- Experience of teaching in various institutions: discipline - medical massage therapy, traditional alternative healing systems
- Proficient PC user, presentations, processing and documentation (internet, email, web-browsers and online services, word, excel, access, power point, illustrator, movie maker, psychological tests, electro-physiological programs, statistical programs, polygraphic programs etc.)
- Principle researcher and author of several scientific articles and publications

### **Awards/ Achievements**

- 2002 – Ranked 3 Place Award of the First Inter-University Scientific Conference "Actual problems of the Sports Medicine, Physiotherapy and Balneology"

- 2004 - Government Award (Moscow) given to a young scientist doing research in Medicine. This award was given for research into morphological-functional components in determining the state of the organism. <http://docs.cntd.ru/document/3653401> (could be translated with <https://translate.google.com> )
- 2005 – Patent for diagnostic method of differentiating morpho-functional parameters in determining the state of an organism.  
<https://patents.google.com/patent/RU2248184C1/en>  
[https://yandex.ru/patents/doc/RU2248184C1\\_20050320](https://yandex.ru/patents/doc/RU2248184C1_20050320)

## **Memberships**

- Registered Manual Osteopath (RMO), member of CRMO (College of Registered Manual Osteopaths).  
License number RMO-018  
<https://manualosteopaths.org/>
- Manual Osteopathy Association of Manitoba  
Membership number: MOAM004  
<https://www.manitobaosteopathy.com/>
- Canadian Counselling and Psychotherapy Association  
professional member #10009903  
<https://www.ccpa-accp.ca>
- Canadian Naprapathic Association  
Membership number: CNAP103  
<https://naprapathy.ca/>
- Natural Health Practitioners of Canada NHPC#26079  
<https://www.nhpcanada.org/>
- International College of Psychosomatic Medicine - Psychosomatic specialist  
<https://icpmonline.org/>